Abstract of the Disclosure

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A cap is used for a container as a bottle or jar. The cap includes a cylindrical cap main portion with a closed upper end and an open lower end, and a ring member. The cap main portion is screwed in an upper portion of the cylindrical container to close an opening of the container with the closed upper end. The ring member includes engaging pieces formed on an inner periphery of the ring for hooking from below on an extraction controlling projection formed on an outer periphery of a base portion of the container. A plurality of window holes is disposed on a lower side of the cap main portion along a periphery thereof so that the integrated ring member can be seen from the outside.